



educational
Documentary FILM
on
Asian MEN & MENTAL
Health

We are looking for Asian men **willing to TALK** about:

**IZZAT: SHARM: FARZ: family HONOR:
cultural stigmas: Anxiety: Stress,: Depression:
Alcohol & Drugs abuse**

HELP - *create awareness*
- *break down social cultural barriers & taboos*
Asian men talking about & seek help for
-mental health related problems & issues

BE A MAN – SPEAK UP

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LETS TALK: MAN2MAN project is funded by

